

REHABILITATION OF THE COMMON BUT COMPLEX

A Clinical Approach To Musculoskeletal Conditions

**18 July 2026, Saturday
9:00am - 12:00pm**

**Healthcare Professionals, Doctors, Nurses
SGD \$50**

Musculoskeletal conditions remain amongst the leading causes of pain, disability, and reduced quality of life worldwide. Effective rehabilitation requires not only sound clinical knowledge, but also adaptability, innovation, and a holistic understanding of patient needs.

This webinar provides a practical and evidence-based overview of current musculoskeletal rehabilitation practices and strategies for managing common musculoskeletal disorders across diverse settings.

TOPICS

- Rehabilitation For Common MSK Conditions: Lower Back
- From Pain to Function: PT Rehabilitation in Lower Back Pain
- Ultrasound in Common MSK Conditions
- Technology in MSK Rehab
- Mental Health in Chronic MSK Pain



REGISTER NOW!

Scan the QR code or visit <https://for.sg/mskrehabwebinar2026>

CME/CPE points will be accredited

Organised By: **Institute of Rehabilitation Excellence**

For any enquiries, kindly contact ttsh.IREx@nhghealth.com.sg

Speakers



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